

# EBYC Junior Sailing Lunch Menu August 2024

Lunch at noon				
Monday, July 29th	Tuesday, July 30th	Wednesday, July 31st	Thursday, August 1st	Friday, August 2nd
<b>Pasta and Meatballs</b>	<b>BBQ Chicken</b>	<b>Breakfast For Lunch</b>	<b>Chicken Tenders</b>	<b>Pizza</b>
Mixed Green Salad	Corn on The Cob / Coleslaw	French Toast	French Fries	Caesar Salad
Watermelon	Nachos	Scrambled Eggs & Sausage	Carrots & Celery w/ Ranch Dressing	Garlic Bread
Apple or Orange	Jello		Chocolate Cake	Vanilla and Chocolate Ice Cream
Monday, August 5th	Tuesday, August 6th	Wednesday, August 7th	Thursday, August 8th	Friday, August 9th
<b>Chicken and Cheese Quesadillas</b>	<b>Penne Ala Vodka</b>	<b>Grilled Cheese</b>	<b>Parents Day!!!</b>	<b>Chicken Nuggets</b>
Yellow Rice	Chicken Sausage	Chicken Noodle Soup	Cookout	Potato Wedges
Carrots & Celery w/ Ranch	Apple Slices	Orange Slices	w/ All The Fixings	Orange Slices
Chocolate Cake	Jello	Chocolate Chip Cookies	Watermelon	Cake
Monday, August 12th	Tuesday, August 13th	Wednesday, August 14th	Thursday, August 15th	Friday, August 16th
<b>Pasta and Meatballs</b>	<b>BBQ Chicken</b>	<b>Breakfast For Lunch</b>	<b>Chicken Tenders</b>	<b>Pizza</b>
Mixed Green Salad	Corn on The Cob	French Toast	French Fries	Caesar Salad
Watermelon	Nachos	Scrambled Eggs & Sausage	Carrots & Celery w/ Ranch Dressing	Garlic Bread
Apple or Orange	Jello		Chocolate Cake	Vanilla and Chocolate Ice Cream
Monday, August 19th	Tuesday, August 20th	Wednesday, August 21st	Thursday, August 22nd	Friday, August 23rd
<b>Chicken and Cheese Quesadillas</b>	<b>Penne Ala Vodka</b>	<b>Grilled Cheese</b>	<b>Parents Day!!!</b>	<b>Chicken Nuggets</b>
Yellow Rice	Chicken Sausage	Chicken Noodle Soup	Cookout	Potato Wedges
Carrots & Celery w/ Ranch	Apple Slices	Orange Slices	w/ All The Fixings	Orange Slices
Chocolate Cake	Jello	Chocolate Chip Cookies	Watermelon	Cake
Drinks included	For any dietary restrictions please	Each day there will be an alternative		
All food is peanut free	email <a href="mailto:info@portsailing.com">info@portsailing.com</a>	of plain pasta or a sunbutter		
		and jelly sandwich		